

Lake Casitas Half Marathon & 5k

April 18, 2010 @ 8:00 a.m.

www.LakeCasitasHalfMarathon.com

The race will start and finish at the Lake with a race day expo and celebration. Athletes will be awarded a finishers medal and race day t-shirt. The course runs along beautiful country roads of Ojai, wind through the scenic bike bath and back to the lake where the last four miles over rolling trails along the lake side will give you a challenge you can brag about!

First Name _____ Last Name _____

Address _____ City _____ State _____ Zip Code _____

Phone _____ - _____ - _____ Phone (Emergency contact) _____ - _____ - _____ Name _____

Male ___ Female ___ Age on Day of Race _____ Birth Date _____

E-Mail: _____ **MUST COMPLETE ENTIRE FORM please print clearly**

Event (circle one)	Early Registration	After 1/15/10	After 3/19/10	Notes What is your T-Shirt Size? XS, S, M, L, XL, XXL
Half Marathon	\$45	\$55	\$65	There is NO race day registration.
5k (3.1 miles)	\$20	\$30	\$40	

Make Checks to: Bill Escobar /Lake Casitas Half Mail to: 355 N Lantana St # 436 Camarillo CA 93010
Contact info: Bill@EliteSportsVC.com 805-258-3779

WAIVER AND RELEASE FOR GOOD AND VALUABLE CONSIDERATION: Including permission for the undersigned to participate in the Lake Casitas Half Marathon & 5k and related activities. I, the undersigned for myself, my successors, heirs, assigns, executors, and administrators agree that prior to participating I will inspect the facilities and equipment to be used and, if I believe any of them are unsafe, I will immediately advise the supervisory person at the facility acknowledge that I fully understand that I will be engaging in activities that involve risk of injury or death, including economic losses which might result not only from my injuries to myself, including medical or hospital bills, permanent or partial disability or death and damages to my property, real or personal caused by or resulting from my participation in the event: covenant not to sue and release, relinquish, waive and discharge the City of Ojai, the County of Ventura, the Lake Casitas Half Marathon & 5k, Elite Sports Ventura County, their officials, employees, volunteers, sponsors, and agents from any and all liability, loss, damage, claim or demand arising from or attributable to my participation in this event: agree that photographs, pictures, slides, movies or videos of me may be taken in connection with my participation in the event without compensation from the City of Ojai, the County of Ventura, the Lake Casitas Half Marathon & 5k, Elite Sports Ventura County, or their permittees and further I consent to the use of photographs, pictures, slides, movies or videos for any legal purpose: warrant that I am in good health and have no physical condition that would prevent me from participating in the event. **I HAVE READ THIS WAIVER AND RELEASE, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN VOLUNTARILY.**

Signature: _____ Date _____ (Signature of parent if under 18 years)

IF ATHLETE IS UNDER AGE 18: This is to certify that my son/daughter has my permission to compete in the Lake Casitas Half Marathon & 5 K and related events, is in good physical condition, and that the race medical officials have my permission to authorize emergency treatment and to have access to his/her records, if necessary

